We are there for you
The General Social Services (Allgemeiner Sozialdienst) are in your local Social Center.

We recommend you to make an appointment before your visit so that we can be sure to have time enough to discuss your problems.

You can reach us:
- Monday, Tuesday, Wednesday 08:30 am – 03:30 pm
- Thursday 03:00 pm – 05:00 pm
- Friday 08:30 am – 12:00 pm
and by appointment

The Social Centers are open
- Monday, Tuesday, Thursday 08:30 am – 12:30 pm
- Thursday 03:00 pm – 05:00 pm
- Friday 08:30 am – 12:00 pm

In case of special family crisis and emergency situations, an evening, nighttime and weekend service is available under the emergency number 110.

We recommend you to make an appointment before your visit so that we can be sure to have time enough to discuss your problems.

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Social Center North
(Sozialzentrum Nord)
Mercatorstraße 40
24106 Kiel
Telefon: 04 31 / 901 - 46 91
Fax: 04 31 / 901 - 6 33 93
sozialzentrum.nord@kiel.de

Social Center Centre
(Sozialzentrum Mitte)
Sophienblatt 50 b
24114 Kiel
Telefon: 04 31 / 901 - 36 73
Fax: 04 31 / 901 - 6 43 12
sozialzentrum.mitte@kiel.de

Social Center Mettenhof
(Sozialzentrum Mettenhof)
Skandianviendamm 299
24109 Kiel
Telefon: 04 31 / 901 - 46 32
Fax: 04 31 / 901 - 6 46 50
sozialzentrum.mettenhof@kiel.de

Social Center South
(Sozialzentrum Süd)
Saarbrückenstr. 145
24114 Kiel
Telefon: 04 31 / 901 - 36 97
Fax: 04 31 / 901 - 6 36 88
sozialzentrum.sued@kiel.de

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Social Center Gaarden
(Sozialzentrum Gaarden)
Bahnhofstraße 38 a
24143 Kiel
Telefon: 04 31 / 901 - 46 67
Fax: 04 31 / 901 - 6 46 96
sozialzentrum.gaarden@kiel.de

Social Center East
(Sozialzentrum Ost)
Wischhofstraße 1-3
24148 Kiel
Telefon: 04 31 / 901 - 46 75
Fax: 04 31 / 901 - 6 46 85
sozialzentrum.ost@kiel.de

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www.kiel.de

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Finding the way together
Are you concerned about bringing up your children? Are you affected by difficulties that you can no longer overcome by yourself?

The social workers at the Allgemeiner Sozialdienst des städtischen Jugendamtes (social services at the municipal Youth Welfare Office) can help you to find new paths to take and solutions to try.

We also advise you on
- various social services,
- help and support for persons with disabilities,
- assistance in case of addiction or mental illness,
- support for you and your family members in case residential, at-home support and care are needed.

You might want to know …
- Our advice is subject to data privacy laws. Therefore all discussions are treated in a sensible and confidential manner.
- We also provide advice and assistance if you are in contact with adults, young persons or children in distress and don’t know what to do.
- We ensure the safety of children and young people.

Please contact us
You’ve got questions on
- raising your child
- contact and custodial regulations in case of separation or divorce

You’re worried about
- the behaviour or development of your child
- the protection and care for a child in your surroundings

You feel overwhelmed by
- family emergencies
- family conflicts

You need protection and help with
- violence in the family
- sexual abuse / assaults

We can offer you
- We provide information and advice.
- We listen to you, and we help to sort out your problems.
- We assist you in finding and trying out your own solutions.
- We develop comprehensive help options together and accompany you along the way.
- We include other family members in the consultation, if desired.
- We are your competent contact person in any acute crisis situation.
- We provide you with firm contacts to other services, institutions and consulting agencies.